

IOSH - ACCREDITED HEALTH & SAFETY FOR CARE MANAGERS 2-DAY LESSON PLAN

Day 1

Module No:	Timing	Content
1	09.00 – 09.30	Introductions, Administration and Course Overview
2	09.30 – 10.00	Health & Safety Statistics
3	10.00 – 10.30	Managing Health & Safety
4	1030 – 11.00	RIDDOR
BREAK	11.00 – 11.15	
5	11.15 – 12.30	Accident Causation, Investigation, Culture and Exercise
LUNCH	12.30 – 13.30	
6	13.30 – 15.00	Risk Assessments
BREAK	15.00 – 15.15	
6	15.15 – 16.30	Risk Assessments and Exercise
7	16.30 – 17.00	Health & Safety Law and Enforcement

Day 2

Module No:	Timing	Content
7	09.00 – 09.30	Health & Safety Law and Enforcement
8 PERSONAL SAFETY	09.30 – 09.45	Health & Safety Training
	09.45 – 10.30	COSHH
	1030 – 11.00	Managing Asbestos
BREAK	11.00 – 11.15	
	11.15 – 12 noon	Stress and Violence
	12 noon – 12.30	Manual Handling
LUNCH	12.30 – 13.30	
9 PHYSICAL SAFETY	13.30 – 14.15	Hot Water and Hot Surfaces
	14.15 – 14.45	Window Safety and Bed Sides
BREAK	14.45 – 15.00	
	15.00 – 15.30	Slips, Trips and Falls
	15.30 – 15.45	Safe Use of Electricity
	15.45 – 16.30	Fire
10	16.30 – 16.45	Preparing for Assessment and Project
	16.45 – 17.30	Closed Book Assessment